

# HOW MUCH YOU'LL SAVE WHEN YOU



We all know the physical benefits that come with quitting. But the financial perks can be just as fruitful! Here are just a few examples of what you could trade in your smoking habit for with all the extra cash you'll have. Or you could just lie on a bed of money! Watch for paper cuts though.

**1 MONTH**

**\$225.00 =**



**1 YEAR**

**\$2,737.50 =**



**5 YEARS**

**\$13,687.50 =**



based on smoking  
a pack each day

# HOW MUCH WOULD YOU SAVE BY QUITTING SMOKING?

Based on the avg. price of \$7.50 a pack

CIGARETTES smoked/day	1 MO	1 YR	5 YR	CIGARETTES smoked/day	1 MO	1 YR	5 YR
1	\$ 11.25	\$ 136.88	\$ 684.38	21	\$ 236.25	\$ 2,874.38	\$ 14,371.88
2	\$ 22.50	\$ 273.75	\$ 1,368.75	22	\$ 247.50	\$ 3,011.25	\$ 15,056.25
3	\$ 33.75	\$ 410.63	\$ 2,053.13	23	\$ 258.75	\$ 3,148.13	\$ 15,740.63
4	\$ 45.00	\$ 547.50	\$ 2,737.50	24	\$ 270.00	\$ 3,285.00	\$ 16,425.00
5	\$ 56.25	\$ 684.38	\$ 3,421.88	25	\$ 281.25	\$ 3,421.88	\$ 17,109.38
6	\$ 67.50	\$ 821.25	\$ 4,106.25	26	\$ 292.50	\$ 3,558.75	\$ 17,793.75
7	\$ 78.75	\$ 958.13	\$ 4,790.63	27	\$ 303.75	\$ 3,695.63	\$ 18,478.13
8	\$ 90.00	\$ 1,095.00	\$ 5,475.00	28	\$ 315.00	\$ 3,832.50	\$ 19,162.50
9	\$ 101.25	\$ 1,231.88	\$ 6,159.38	29	\$ 326.25	\$ 3,969.38	\$ 19,846.88
10	\$ 112.50	\$ 1,368.75	\$ 6,843.75	30	\$ 337.50	\$ 4,106.25	\$ 20,531.25
11	\$ 123.75	\$ 1,505.63	\$ 7,528.13	31	\$ 348.75	\$ 4,243.13	\$ 21,215.63
12	\$ 135.00	\$ 1,642.50	\$ 8,212.50	32	\$ 360.00	\$ 4,380.00	\$ 21,900.00
13	\$ 146.25	\$ 1,779.38	\$ 8,896.88	33	\$ 371.25	\$ 4,516.88	\$ 22,584.38
14	\$ 157.50	\$ 1,916.25	\$ 9,581.25	34	\$ 382.50	\$ 4,653.75	\$ 23,268.75
15	\$ 168.75	\$ 2,053.13	\$ 10,265.63	35	\$ 393.75	\$ 4,790.63	\$ 23,953.13
16	\$ 180.00	\$ 2,190.00	\$ 10,950.00	36	\$ 405.00	\$ 4,927.50	\$ 24,637.50
17	\$ 191.25	\$ 2,326.88	\$ 11,634.38	37	\$ 416.25	\$ 5,064.38	\$ 25,321.88
18	\$ 202.50	\$ 2,463.75	\$ 12,318.75	38	\$ 427.50	\$ 5,201.25	\$ 26,006.25
19	\$ 213.75	\$ 2,600.63	\$ 13,003.13	39	\$ 438.75	\$ 5,338.13	\$ 26,690.63
<b>1</b> PACK	<b>\$225.00</b>	<b>\$2,737.50</b>	<b>\$13,687.50</b>	<b>2</b> PACKS	<b>\$450.00</b>	<b>\$5,475.00</b>	<b>\$27,375.00</b>