

### Child Care Breastfeeding Support Policy Template

Child care centers and home care providers can adopt this breastfeeding support policy framework, by easily editing and filling in the information below. This can help with communication to parents about your daily schedule and dedication their children’s health.

\_\_\_\_\_ (child care name) supports breastfeeding as the preferred feeding option for infant nutrition and is committed to providing ongoing support to nursing mothers. Infant formula and solid foods will not be provided unless requested by the family. Our child care is recognized as a “[Breastfeeding Friendly Child Care Program](#)” by the Minnesota Department of Health (only include this sentence if your child care has received this designation).

We support breastfeeding families in the following ways:

- All infant caregivers receive training (or a refresher) on promoting and supporting breastfeeding, including the benefits of breastfeeding and proper labeling and handling of breast milk, on a regular basis, at least every 3 years.
- A quiet, comfortable and private place (other than a bathroom) is available for mothers and staff to breastfeed or pump and its location is marked or otherwise made known to families.
- Educational materials and information about breastfeeding resources are available and all enrolled and prospective families are made aware of these resources.
- Proper, safe, handling of breastmilk and formula will be followed, as written in our \_\_\_\_\_(name handling procedure or guideline).
- When breastfed babies start with us, we will meet with caregivers to establish a clear plan for the feeding schedule. We will discuss: how close to the end of the day a child should be fed in case their caregiver would like to feed them at pick up or right away when they get home, how the milk will be handled, how much milk will be sent each day, and how to handle leftovers.

Reference: [the Minnesota Department of Health Breastfeeding Support Best Practices](#)