



2024

SUMMARY OF PARTNER PROJECTS

The Statewide Health Improvement Partnership (SHIP) creates wellness across Minnesota's communities through **community-driven, evidence-based, and equity-focused** programs that tackle the root causes of chronic diseases.

Through SHIP, Living Healthy Washington County staff work hand-in-hand with local schools, businesses, and community organizations. Together, they create lasting policy, systems, and environmental (PSE) changes that support resident health.

This report summarizes year-end evaluation report findings from community partners that implemented Living Healthy Washington County partner projects in 2024. This report does not represent the entirety of the work completed in 2024.

Living**Healthy**

Washington
County

ship
statewide health
improvement partnership

Supported by the Statewide Health Improvement Partnership, Minnesota Department of Health

Impact of 2024 SHIP funding

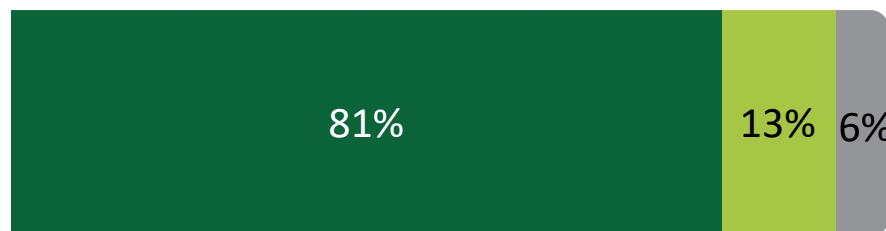
Partnering with Living Healthy Washington County helped local organizations increase their capacity to provide healthy living supports and address health equity needs.

Sixteen Living Healthy Washington County partners completed a year-end evaluation report to share about their SHIP grant accomplishments, challenges, and plans for the future. Individual responses can be found in the following sections of this report. Community partners also shared their experiences with SHIP funding. As shown in the chart below, most partners (81%) reported that the SHIP funding increased their organizations' ability to create or maintain access to healthy living supports to "a great extent" and all partners (100%) reported their grant increased their capacity to address health equity needs in their community to "a great extent" or "to some extent."

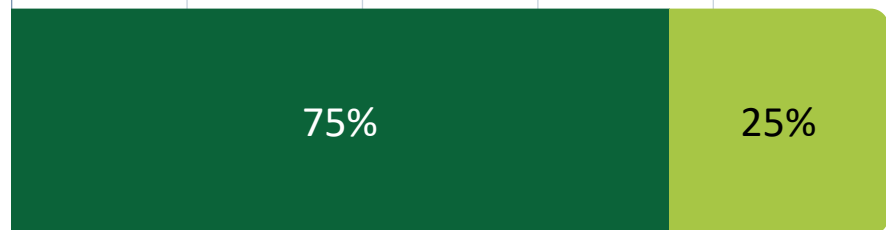
● A great extent ● To some extent ● To a slight extent ● Not at all



To what extent did your partnership with Washington County SHIP increase your organization's capacity to create or maintain access to **healthy living supports** in the community? (n=16)



To what extent did your SHIP partnership with Washington County increase your capacity to **address health equity needs** in your community? (n=16)



Reach of 2024 SHIP funding

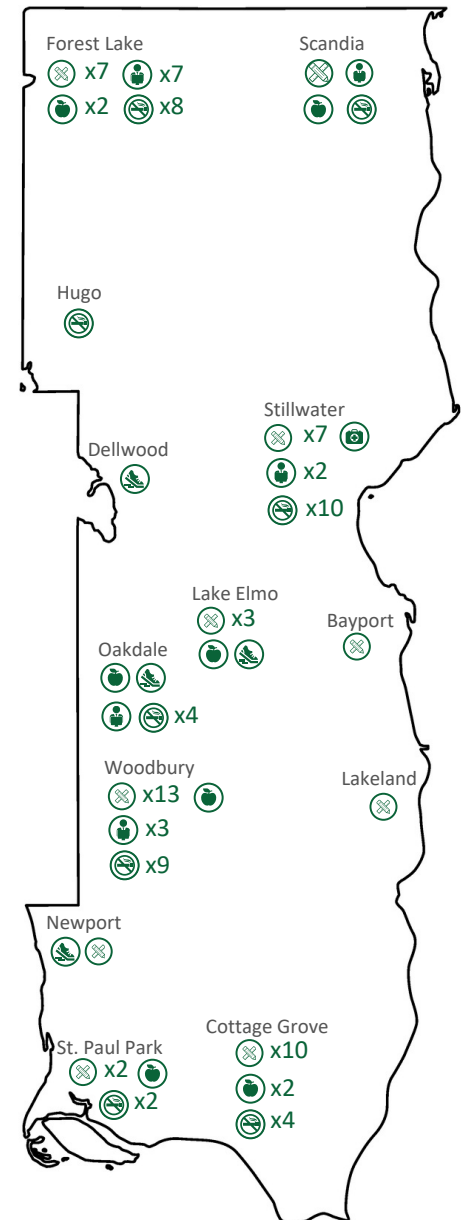
In 2024, SHIP projects impacted residents across Washington County.

Living Healthy Washington County staff partner with schools, businesses, and community organizations to improve resident health through SHIP. The map to the right shows the 2024 Living Healthy Washington County partner sites by SHIP focus area: Schools, Active Living, Healthy Eating, Worksite Wellness, Health Care, and Commercial Tobacco-Free Living. Some community partners work to impact all Washington County residents through their SHIP projects focusing on policy change or improving opportunities for health education. Additionally, Living Healthy Washington County staff provide health promotion outreach and resources to communities.

Map Legend

2024 Washington County Partner Sites
by SHIP Focus Area

- | | |
|---|---|
|  Schools |  Worksite Wellness |
|  Active Living |  Health Care |
|  Healthy Eating |  Commercial Tobacco-Free Living |





SCHOOLS

While preparing our students academically, schools also have a vital role in supporting student health and well-being. On a daily basis, students are exposed to nutritious foods, opportunities for physical activity, and social and emotional learning. This year, several districts focused on addressing students' social and emotional learning. Some districts focused on adding physical activities for students while others made improvements to the lunchroom environment.

BY THE NUMBERS

9 Partners

- 3 public school districts
- 1 intermediate school district
- 5 charter schools

46 school sites

34,186 students

6,694

students that qualify for free or reduced-price lunch

5,096

students that receive Special Education services

1,898

English Language Learners

Forest Lake Area School Districts PSE Status

School Site	Selected SHIP Strategies			
	Comprehensive School Physical Activity	School-Based Social and Emotional Climate	Outdoor Classrooms	Comprehensive Framework for Addressing School Nutrition
Forest Lake Elementary School	Achieved PSE change	-	-	-
Forest Lake Middle School	Achieved PSE change	Achieved PSE change	Achieved PSE change	-
Forest Lake Senior High School	Working on PSE change	Achieved PSE change	-	-
Forest View Elementary School	-	-	Achieved PSE change	-
Scandia Elementary School	-	-	Achieved PSE change	Achieved PSE change
Forest Lake Area Community School	-	Achieved PSE change	-	-

South Washington County School District PSE Status

School Site	Selected SHIP Strategies	
	School-Based Social and Emotional Climate	Social Connection
Alternative High School	Working on PSE change	-
East Ridge High School	Working on PSE change	-
Park Senior High	Working on PSE change	-
Woodbury High School	Working on PSE change	-
Cottage Grove Middle School	Working on PSE change	-
Lake Middle School	Working on PSE change	-
Oltman Middle School	Working on PSE change	-
Woodbury Middle School	Working on PSE change	-
Armstrong Elementary	Working on PSE change	-
Cottage Grove Elementary	Working on PSE change	Achieved PSE change
Crestview Elementary	Working on PSE change	Achieved PSE change
Gordon Bailey Elementary	Working on PSE change	-
Grey Cloud Elementary	Working on PSE change	-
Hillside Elementary	Working on PSE change	-
Liberty Ridge Elementary	Working on PSE change	-
Middleton Elementary	Working on PSE change	-
Newport Elementary	Working on PSE change	-
Nuevas Fronteras Spanish Immersion	Working on PSE change	Achieved PSE change
Pine Hill Elementary	Working on PSE change	Achieved PSE change
Pullman Elementary	Working on PSE change	-
Red Rock Elementary	Working on PSE change	-
Royal Oaks Elementary	Working on PSE change	-
Valley Crossing Elementary	Working on PSE change	-
Woodbury Elementary	Working on PSE change	-

Stillwater School District PSE Status

School Site	Selected SHIP Strategies		
	Comprehensive Framework for Addressing School Nutrition	Incorporate Movement Throughout Children's Days	School-Based Social and Emotional Climate
Afton-Lakeland Elementary School	-	Building capacity	Building capacity
Andersen Elementary School	-	Building capacity	Building capacity
Brookview Elementary School	-	Building capacity	Building capacity
Lake Elmo Elementary School	-	Building capacity	Building capacity
Lily Lake Elementary School	-	Building capacity	Building capacity
Oak-Land Middle School	-	Achieved PSE change	Achieved PSE change
Rutherford Elementary School	Achieved PSE change	Building capacity	Building capacity
St. Croix Valley Area Learning Center	-	Building capacity	Building capacity
Stillwater Area High School	Achieved PSE change	Building capacity	Building capacity
Stillwater Middle School	-	Building capacity	Building capacity
Stonebridge Elementary School	-	Building capacity	Building capacity

Lakes International Language Academy PSE Status

School Site	Selected SHIP Strategy	
	Comprehensive School Physical Activity Program	School-Based Social and Emotional Climate
Lakes International Language Academy - Upper School	Achieved PSE change	Achieved PSE change

Math and Science Academy PSE Status

School Site	Selected SHIP Strategy
	Food and Nutrition Security
Math and Science Academy	Achieved PSE change

Math and Science Academy shared how their grant impacted students and what is needed in the coming year to improve or maintain students' access to healthy living supports.

Accomplishments	Healthy Living Support	Health Equity	Impact	Needed in Coming Year
Purchased equipment for the food pantry and are serving students out of the food pantry.	<i>"Our students were able to get healthy meals when they didn't have anything from home."</i>	<i>"Students are not fully healthy if they are not eating a healthy lunch."</i>	<i>"Our students are able to eat and learn like all other students and are not held back by poverty."</i>	<i>"We will continue to support our food pantry."</i>
<i>Our program has only been enhanced, strengthened and diversified through our partnerships with Washington County. Thank you all for all you do in our communities!</i>				

New Heights School PSE Status

School Site	Selected SHIP Strategy
	Comprehensive School Physical Activity Program
Math and Science Academy	Achieved PSE change

New Heights School shared how their grant impacted students and what is needed in the coming year to improve or maintain students’ access to healthy living supports.

Accomplishments	Healthy Living Support	Impact	Needed in Coming Year
Purchased two pieces of accessible playground equipment for use of students and community members.	<i>“The accessible pieces of equipment ..are being used every day helping students with their physical activity.”</i>	<i>“It has helped us to put in a mostly inclusive and accessible playground that all people can access regardless of any physical challenges.”</i>	<i>“We will try to add more accessible pieces of equipment and to try to increase the amount of rubber surfacing we have to allow access for all people.”</i>
Thank you so much for your support!			

Pankalo Education Center PSE Status

School Site	Selected SHIP Strategies
	Social and Emotional School Climate
Pankalo Education Center	Achieved PSE change

Pankalo Education Center shared how their grant impacted students and what is needed in the coming year to improve or maintain students' access to healthy living supports.

Accomplishments	Healthy Living Supports	Health Equity	Impact
Pankalo Education Center trained staff on trauma-informed practices through MoveMindfully. The training provides educators with a toolkit of self-regulation and co-regulation strategies to teach students.	<i>"We found this mini grant funding greatly helped to support work and startup for healthy living projects that will continue even after the grant funds are gone."</i>	<i>"The projects we implemented were available and supported all the students equally and were accessible to everyone."</i>	<i>"This SHIP grant funding helped to support community work that had focus and support on calming our bodies, [reducing] stress levels, [and increasing] mindful practices."</i>

St. Croix Preparatory Academy PSE Status

School Site	Selected SHIP Strategy
	Comprehensive School Physical Activity Program
St. Croix Preparatory Academy	Achieved PSE change

St. Croix Preparatory Academy shared how their grant impacted students and what is needed in the coming year to improve or maintain students' access to healthy living supports.

Accomplishments	Healthy Living Support	Health Equity	Impact	Needed in Coming Year
St. Croix Preparatory Academy purchased snow shoes and added this lifelong sport to their physical education curriculum.	<i>"This grant money has made it possible to purchase the snowshoes and add this outdoor activity to the curriculum and use them as an outdoor activity for our teachers during our Professional Development days."</i>	<i>"Having the snowshoes available for all members of our school community to use and enjoy during the winter months will be a great way to encourage people to enjoy the great outdoors on our nature trail around the school."</i>	<i>"The students and families who may want to try out snowshoeing without making the initial purchase will be very eager to try out this great winter activity while enjoying the great outdoors."</i>	<i>"Prep is looking into trailhead signage (larger sign with an overview of the entire trail with mile markers and points of interest—pollinators, prairie plants/flowers, birds, animals) to enhance the trail experience."</i>
<i>We are very thankful for receiving the grant to purchase 2 sets of snowshoes for the school. They will be appreciated! Now all we need is some snow!</i>				



ACTIVE LIVING

Living Healthy Washington County is committed to improving access to physical activity for people of all ages, incomes, and abilities. This year, the City of Lake Elmo installed bike fix-it stations to promote biking as a mode of transportation. The Cities of Dellwood, Newport, and Oakdale worked to further planning projects for their parks and recreation departments. Washington County Parks and Recreation purchased a GRIT Freedom Chair and created a check-out system that allows residents with mobility issues to better experience the local park system.

BY THE NUMBERS

5 Partners

1 county, 4 cities

278,936

Residents

Active Living Partner PSE Status

Partner Site	Selected SHIP Strategies		
	Local Planning	Park Planning*	Improve Safety and Access for Active Transportation and Mobility*
City of Dellwood	Working on PSE change	-	-
City of Lake Elmo	-	-	Achieved PSE change
City of Newport	Working on PSE change	-	-
City of Oakdale	-	Working on PSE change	-
Washington County Parks	-	-	Achieved PSE change

*Denotes a SHIP strategy with a coordinated statewide effort



Partner Feedback

Staff from the **City of Dellwood, City of Lake Elmo, City of Newport and Washington County Parks** shared how their active living grant impacted residents and what is needed in the coming year to improve or maintain residents' access to healthy living supports.

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact
City of Dellwood	The City of Dellwood worked on long-term planning for their parks and recreation department.	<i>"[It] helped move a long-delayed project into action phase."</i>	<i>"[The] project will enhance access to a variety of residents currently underserved."</i>	<i>"[It] will lead to enhanced recreational resource[s] available 24/7 without cost."</i>

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact	Needed in Coming Year
City of Lake Elmo	The City of Lake Elmo installed bike fix stations.	<i>"Due to construction in the area, the areas were less used. We expect with construction being completed the bike fix stations will be used more in the future."</i>	<i>"The overall purpose of our fix it stations was to increase riders as well as the sound of mind that repairs could be made while on the trail. With bike riding the second means of connection to our parks, these stations prove to show the need for riders. The addition of two new stations allows for a wider coverage on our city trails. Bike riding is a great exercise for all ages. With the increase of trails in the community, families and clubs can continue to engage in a healthy outdoor activity."</i>	<i>"We have increased use of bike riders in our community. We continue to see an increase in the number of people who sign up for several of the bike races that go through town."</i>	<i>"Continued community engagement and community opportunities for families, adults and children."</i>

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact	Needed in Coming Year
City of Newport	The City of Newport made progress on Master Planning and engaged community members to give feedback on recreation planning priorities.	<i>"We are creating a planning document which will lead to more physical activity and healthy aging in our community."</i>	<i>"Newport is a diverse community, and this grant helps plan for future capacity for healthy living."</i>	<i>"We got great engagement on the future trails from the community and we received good feedback from our engagement."</i>	<i>"Funding for Parks and Trails is a high priority for Newport as we continue to improve community access to a healthy environment. Newport will also be looking to support and partner with folks for a farmers' market to provide more access to healthy foods."</i>

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact	Needed in Coming Year
Washington County Parks	One GRIT Freedom Chair was purchased and is available to check out at local parks, making them more accessible to residents with mobility issues.	<i>"SHIP funds were used to: 1) purchase adaptable equipment that is available for free to visitors, 2) help remove financial barriers to access the parks, and 3) provide signage...to make visiting the parks easier and [better educate the community] about available park offerings."</i>	<i>"Adaptable equipment makes it possible for people with mobility-related disabilities to access the parks and take advantage of the many health benefits associated with parks, the outdoors, and open spaces."</i>	<i>"The SHIP grant allowed for dozens of new people to visit the parks and helped remove barriers in a way that promotes lifelong healthy activities."</i>	<i>"Additional accommodations and adaptable equipment will be imperative to allow for the health benefits of physical activity and park access to remain available for people of all backgrounds."</i>
	<i>"We have just been super thankful of the support SHIP provides and the great experiences and outcomes that go along with it."</i>				



HEALTHY EATING

Living Healthy Washington County works to make fresh, affordable, healthy foods readily available to all residents. Funding supports partners to get healthy food into the hands of residents who need it most. Basic Needs and Family Pathways made improvements to local food shelves to better serve their clientele. Math and Science Academy in Woodbury established a food pantry at a local school to serve low-income students. The City of Cottage Grove and Cimarron Park established or expanded community garden options for local residents. RISE, Inc. established a Healthy Cooking Club in a day program for individuals with disabilities living in Cottage Grove and Forest Lake. The Scandia Farmers Market focused on raising awareness and offering events to boost visits.

BY THE NUMBERS

6 Partners

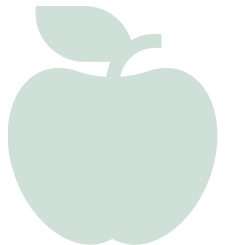
1 city, 1 mobile home community, 1 farmers market, 1 food shelf, 1 community organization, 1 community provider serving individuals with disabilities (with 3 sites)

58,742

Residents

Healthy Eating Partner PSE Status

Partner Site	Selected SHIP Strategies			
	Food and Nutrition Security	Community-Based Agriculture	Farm to Institution	Farmers Market
Basic Needs	Achieved PSE change	-	-	-
City of Cottage Grove	-	Achieved PSE change	-	-
Cimarron Park	-	Achieved PSE change	-	-
Family Pathways Forest Lake Food Shelf	Achieved PSE change	-	-	-
Math and Science Academy	Achieved PSE change	-	-	-
RISE, Cottage Grove	-	-	Achieved PSE change	-
RISE, Oakdale	-	-	Working on PSE change	-
RISE, Forest Lake	-	-	Achieved PSE change	-
Scandia Farmers Market	-	-	-	Achieved PSE change



Partner Feedback

Staff from **Basic Needs, Cimarron Community Farm, City of Cottage Grove, Family Pathways, RISE, Inc., and Scandia Farmers Market** shared how their healthy eating grant impacted community members and what is needed in the coming year to improve or maintain access to healthy living supports in the community.

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact	Needed in Coming Year	Additional Comments
Basic Needs	They purchased a freezer to store halal meats.	<i>"[We were able to] expand our cultural food program to include halal foods for those who follow a restricted Islamic diet. We were able to provide healthy halal food and distribute it primarily to local East African neighbors."</i>	<i>"We were able to provide healthy halal proteins and dry goods which we had not been able to do previously."</i>	<i>"We have started with halal food distributions at the start of the year with a distribution after Ramadan. Through the last half of the year we were able to purchase healthy halal meats and dry goods for those following a diet consistent with Islamic dietary restrictions. Primarily this food was directed to East African Communities in South Washington County. Once we were able to begin providing halal foods, East African community members were introduced to our free Food Market, where they can also receive fresh fruits, vegetables and other dry goods throughout the week."</i>	<i>"Continued partnership with Washington County and access to the funds that support this programming."</i>	<i>"Our program has only been enhanced, strengthened and diversified through our partnerships with Washington County. Thank you all for all you do in our communities!"</i>

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact	Additional Comments
Cimarron Community Farm	They expanded their community garden offerings and offered gardening space to low-income residents at no charge.	<i>"We were able to build more raised bed garden plots making it easier for community gardeners and our youth program to grow fresh healthy vegetables."</i>	<i>"We were able to offer community garden plots and youth garden space at no cost to low-income individuals in Washington County."</i>	<i>"Our SHIP grant allowed low-income individuals to access gardening space at no cost and a gardening program to youth low-income youth at no-cost."</i>	<i>"More community garden activities and space as well as educational opportunities for low-income youth."</i>

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact
City of Cottage Grove	They created infrastructure for a community garden and processes for managing [the] community garden.	<i>"[The] community gardens increase outdoor social activity and access to fresh foods."</i>	<i>"[The] community gardens had minimal cost to users who had a bountiful harvest of fresh produce."</i>	<i>"It was a very nice social gathering of many cultures gardening together."</i>

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact	Needed in Coming Year
Family Pathways	They installed a hydration station and new commercial doors leading to the food shelf to create a welcoming environment for food shelf shoppers.	<i>“Our partnership increased our capacity to create healthy living supports. First we were able to add our first hydration station to our Forest Lake facility, ensuring staff, volunteers, and guests can stay hydrated while on site. We also used funds to install new commercial doors leading into the food shelf—which as part of our future SuperShelf project—create a safer and more welcoming environment for the community.”</i>	<i>“This SHIP partnership increased the health equity in our community by first ensuring that everyone at our Forest Lake site has easy access to stay hydrated, something we did not have before this funding, which ensures they have as a fair and just opportunity to attain their highest level of health. Through our new commercial doors we made our food shelf even more welcoming and dignified, which will encourage families in need to use our services to access healthy foods.”</i>	<i>“This grant helped keep everyone at our Forest Lake facility hydrated (staff, guests, volunteers, food shelf clients, donors, etc.) as well as made our food shelf an even more dignified space. Which in turn should ensure folks who need our assistance feel welcomed.”</i>	<i>“The hydration station will be managed and kept in good condition and clean. We will continue to move towards converting our Forest Lake food shelf into a SuperShelf, which encourages healthy choices and the importance of a dignified space.”</i>
	<i>“If/when we need assistance with the official SuperShelf transformation we will reach out. Thanks!”</i>				

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact	Needed in Coming Year
RISE, Inc.	They implemented a Healthy Cooking Club in a day program for individuals with disabilities.	<i>“Our services are covered by billing Medicaid waivers of our persons served. The reimbursement rates are set by the legislature, so they are slow to change. This means that we often have little money left for investments like the SHIP grant provided. \$25,000 (over 2 years) to invest in cooking club supplies is actually a huge help in allowing us to provide these programs. We have the staff. We just need the supplies and the external pressure of a grant to make these programming improvements.”</i>	<i>“Washington County is still not investing enough in the services that will improve health equity for people with disabilities: public transportation, affordable housing, business incentives for hiring people with disabilities, etc. This is not the purview of SHIP, obviously, but you can only do so much with healthy eating programming at a day services site.”</i>	<i>“Our SHIP grant has impacted the people we support in many obvious ways, but I want to call attention to the ways that coordinating outings improves the community. People with disabilities have not historically been present in the community; they were often hidden away. This program supported community-integrated programming, which brought our persons served to farms, markets, grocery stores, and other places. Not only are their lives improved from increased visibility and interaction in the community, but so are the lives of people without disabilities. We're creating a new norm where people with disabilities are fully integrated members of our communities.”</i>	<i>“HEALTHY AGING!!! Disability aging and retirement is a huge and emerging issue. This generation of older adults with disabilities is the first to retire as a cohort. They did not live long enough reliably or have access to jobs for this to be a possibility in the past.”</i>
	<i>“Working with Washington County SHIP is very easy. It's the right amount of work for the money. Alyssa is a delight to work with.”</i>				

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact	Needed in Coming Year
Scandia Farmers Market	They purchased equipment to support events at the Farmers Market, including opportunities for physical activity. They created new marketing materials to promote visiting the market.	<i>"The grant helped the market create a space and informal seating for our weekly community events and gathering spaces for people to rest and participate in events. We also provided a tent for our weekly community resource booth that has a rotating schedule of local non-profits and local organizations serving our community. Many groups used the tents this last summer including local musicians every week, community resource groups, Scandia Marine Lions on days that they gave away food with a free will donation supporting the food shelf."</i>	<i>"We hired a graphic designer to create new signage for the market and plant sale. She also created a brochure for the Green Grocery Shares (GGS) program and the Scandia Marine Food Shelf at Elim Lutheran Church. Anyone in need can receive \$25 weekly in GGS coupons to spend on products at the market. Financial support for GGS comes from Elim Lutheran Church, Scandia Marine Lions Club, local agencies, grants and private donations. SHIP funds were used to increase awareness of Green Grocery Shares, the Scandia Marine Food Shelf, and the Scandia Farmers Market."</i>	<i>"The SHIP funds allowed us to support the weekly community events, local musicians who volunteer their time and talent, and the Green Grocery Shares program. This year was the first year where every week we had events, music, and food. The SHIP funds allowed us to be better organized and to support those who volunteer their time every week."</i>	<i>"The market plans to continue to provide weekly events, music and food so we can create a gathering place for the community. The market is right next to a new playground so lots of families came for the market, free dinner 4x this summer and then stayed and played. We truly created a magical summer of fun for all ages."</i>
	<i>"We truly appreciate the support of the SHIP grant. It allowed us to expand our support for those who volunteer their time every week to attend the market. We are so grateful for the carts that make lugging the stuff around every week so much easier! Thank you!"</i>				



WORKSITE WELLNESS

Living Healthy Washington County helps local employers create a culture of wellness and address health issues important to employees. This year four of the eight partners focused on enhancing supports for breastfeeding/chestfeeding employees and community members. Forest Lake Area Schools focused on employee well-being and resilience, and making exercise equipment and blood pressure monitors available for staff use. St. Croix Preparatory Academy purchased snowshoes for staff and student use, and incorporated this activity into staff training days. Family Pathways installed a hydration station for staff use.

BY THE NUMBERS

8 Partners

2 libraries, 3 employers,
1 city facility, 1 charter school,
1 school district (with 7 sites)

2,386

Employees

+

53,118

Community members

Worksite Partner PSE Status

Partner Site	Selected SHIP Strategies			
	Optimize Support for Employees' Well-Being Through PSE Work	Workplaces Support Regular Movement Throughout the Day	Workplaces Support Healthy Food Options	Breastfeeding-Friendly Workplaces*
Forest Lake Area Schools (7 building sites)	Achieved PSE change	Achieved PSE change	-	-
Family Pathways	-	-	Achieved PSE change	-
Oakdale Library	-	-	-	Working on PSE change
RH Stafford Library	-	-	-	Achieved PSE change
Self Esteem Brands	Working on PSE change	-	-	-
Smart Start	-	-	-	Working on PSE change
St. Croix Preparatory Academy	-	Achieved PSE change	-	-
Woodbury Central Park	-	-	-	Working on PSE change

*Denotes a SHIP strategy with a coordinated statewide effort





HEALTH CARE

Living Healthy Washington County partners with health care providers in the county to assess health data and develop plans for addressing health inequities. In 2024, we continued laying the foundation for a standardized referral process to connect public health clients with Quit Partner programs. FamilyMeans worked to promote healthy aging in our community by training businesses and community partners to adopt dementia-friendly practices.

BY THE NUMBERS

2 Partners

1 public health care provider,
1 community organization

278,936

Employees

Healthcare Partner PSE Status

Partner Site	Selected SHIP Strategies	
	Quit Partner Referrals for Public Health Settings*	Healthy Brain Initiative
Washington County WIC program	Building capacity	-
FamilyMeans	-	Working on PSE change

*Denotes a SHIP strategy with a coordinated statewide effort



Partner Feedback

Staff from **FamilyMeans** shared how their healthy living grant impacted community members and what is needed in the coming year to improve or maintain access to healthy living supports in the community.

Organization	Accomplishments	Healthy Living Supports	Health Equity	Impact	Needed in Coming Year
FamilyMeans	FamilyMeans provided community members with education on brain health and dementia.	<i>"It is good to have contacts within Washington County who are staying abreast of and supporting our healthy aging work. The more we connect, the better we can help each other advance our shared goals."</i>	<i>"The partnership supported staff time to focus on communities identified as in particular need of health equity attention. We have marshaled other resources to delve more deeply in some of those areas (e.g., a Brookdale Foundation grant to fund start-up of a group respite service in Forest Lake, an Age-Friendly Minnesota grant to support healthy aging needs assessment in Cimarron and Landfall)."</i>	<i>"Community members learned about brain health and dementia at education programs. They received memory screenings and consultations about next steps if concerns were indicated. Staff of local businesses participated in Dementia Friendly at Work training, learning the basics of how to be welcoming, respectful, and effective when serving constituents who may have dementia and their caregivers."</i>	<i>"We'd like to seize on opportunities to bring aging-related resources to events that are billed as having information and ideas for "families." Older adults are usually left out of these events, focusing instead on families with children. However, older people are indeed part of families, caregivers of elders come from all age groups, and younger people have concerns related to aging as well. The community is better served when we are age-inclusive whenever it makes sense."</i>



COMMERCIAL TOBACCO-FREE LIVING

Everyone deserves to breathe clean air. With smoke-free housing policies in place, adults and families have more choices about where they live, with reduced exposure to secondhand smoke. Living Healthy Washington County works with the American Lung Association to support owners and managers of multi-unit housing to provide smoke-free units to all tenants. In 2024, four multi-unit housing properties adopted smoke-free housing policies, one property strengthened an existing policy and 34 other properties received supports to help maintain their existing smoke-free multi-unit housing policies.

BY THE NUMBERS

39 Partners

39 Housing sites

7,746

Residents

3,882

Total housing units

2,561

Affordable housing units

Partner Site	City	SHIP Support to Smoke-Free Multi-Unit Housing Sites in 2024	
		Newly Adopting or Strengthening Smoke-Free Policy	Maintaining Connections Through Technical Assistance, Cessation Support, and Resources
Ann Bodlovick Apartments	Stillwater	-	Yes
Beyond Woodbury	Woodbury	-	Yes
Briar Pond Apartments	Oakdale	-	Yes
Brick Pond Apartments	Stillwater	-	Yes
Charter Oak Townhomes	Stillwater	-	Yes
Cobble Hill Apartments	Woodbury	-	Yes
Cottage Grove Estates	Cottage Grove	-	Yes
Eastwood Village	Oakdale	-	Yes
Forest Lake Apartments	Forest Lake	-	Yes
Forest Oak Apartments	Forest Lake	-	Yes
Forest Park I	Forest Lake	Yes	Yes
Forest Park II	Forest Lake	Yes	Yes
Gentry Place	Oakdale	-	Yes
Green Twig Villas	Stillwater	-	Yes
Grove Ridge Apartments	Cottage Grove	-	Yes
Grove80 Apartments	Cottage Grove	-	Yes
John Jergens Estates	Forest Lake	-	Yes

Partner Site	City	SHIP Support to Smoke-Free Multi-Unit Housing Sites in 2024	
		Newly Adopting or Strengthening Smoke-Free Policy	Maintaining Connections Through Technical Assistance, Cessation Support, and Resources
Lily Lake Terrace	Stillwater	-	Yes
Long Lake Villas	Stillwater	-	Yes
Minnehaha Manor	Oakdale	-	Yes
Mueller Manor	Hugo	-	Yes
Northshore Apartments	Forest Lake	Yes	Yes
Oakhill Cottages	Scandia	-	Yes
Orleans Homes	Stillwater	-	Yes
Orville Commons	Woodbury	Yes	Yes
Park Place I and II Apartments	St. Paul Park	-	Yes
Parkwood Estates	Woodbury	-	Yes
Pioneer Apartments	St. Paul Park	-	Yes
Raymie Johnson Estates	Stillwater	-	Yes
Regency Hill	Woodbury	-	Yes
St. Croix Village Townhomes	Stillwater	-	Yes
The Woodlands	Cottage Grove	-	Yes
Valley Creek Apartments	Woodbury	-	Yes
Victoria Villa	Stillwater	-	Yes

Partner Site	City	SHIP Support to Smoke-Free Multi-Unit Housing Sites in 2024	
		Newly Adopting or Strengthening Smoke-Free Policy	Maintaining Connections through Technical Assistance, Cessation Support, and Resources
Village Plaza Apartments	Forest Lake	Yes	Yes
Washington County Community Development Agency	Multiple sites	-	Yes
Westview Estates	Woodbury	-	Yes
Whispering Pines	Forest Lake	-	Yes
Woodland Pointe	Woodbury	-	Yes

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